

1ST-2ND GRADE







**THIS  
ADVENTURE  
BELONGS TO:**

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**1ST-2ND GRADE**

Hello Rush Creek Parents,

We are excited to present you and your children with our Rush Creek Kid's Ministry Adventure Guide! As Forerunners of the Faith, we are committed to removing obstacles that may prevent people from Finding Jesus and helping them become F.I.T. Followers. As parents, we recognize how important it is that the pursuit of this Forerunner vision begins in our homes, with our children. In Deuteronomy 6:5-7, God reminds us that we are to "Love the LORD your God with all your heart, with all your soul, and with all your strength. These words (The Bible) that I am giving you today are to be in your heart. Repeat them to your children. Talk about them when you sit in your house and when you walk along the road, when you lie down and when you get up."

I'm so proud of our Children's Ministry team and the work they have put into helping this Forerunner vision come alive in each of our homes. This Adventure Guide was created to help you as parents, raise up F.I.T. Followers who will eventually become Forerunners of the Faith. Parents, I want to encourage you to walk alongside your children as they work through this resource and begin to discover what it means for them to be Forerunners of the Faith United to help people Find and Follow Jesus.

Serving together,

A handwritten signature in black ink, appearing to read "Marty", written in a cursive style.

Pastor Marty

**F.I.T. Followers**

Fill their lives with the Word of God.  
Invest their lives in the Kingdom of God.  
Team up with others doing the same.

# ADVENTURE ESSENTIALS

You will need a few supplies to help you complete each activity.



Be sure to always grab a pencil/pen and your Bible. You may choose to use a separate journal or the extra note pages in the back of the guide.



There is a map located on page 4 & 5 of this guide. It will be your Table of Contents to locate which activity you want to complete. You can go in any order through this book.



Once you have completed an activity, be sure to have your parent or an adult put their initials on the map by the page number you completed.



Unless otherwise specified, each verse referenced is from the Christian Standard Bible translation.



Throughout the year, we will celebrate your progress on Sunday mornings. We will let you know when these dates are coming up so that you can bring your Adventure Guide with you to class for a reward.

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**Parents:** Initial your child's progress as activities are completed.





<b>Luke 3:4-6</b> Memorize Scripture	<b>7</b>
<b>Inviting a Friend</b> Evangelism	<b>8</b>
<b>The Lord's Prayer</b> Prayer	<b>9</b>
<b>Fasting</b> Spiritual Discipline	<b>11</b>
<b>What is Worship?</b> Worship	<b>13</b>
<b>Local Missions</b> Missions	<b>15</b>
<b>Serving the Church Body</b> Giving	<b>17</b>
<b>Books of the Bible: Old Testament</b> Bible	<b>18</b>
<b>Memorize Psalm 119:11</b> Memorize Scripture	<b>19</b>
<b>ABC's</b> Evangelism	<b>21</b>
<b>Books of the Bible: New Testament</b> Bible	<b>23</b>
<b>Prayer Journaling</b> Prayer	<b>24</b>
<b>Corporate Worship</b> Worship	<b>26</b>
<b>Tithe</b> Giving	<b>28</b>
<b>Fruit of the Spirit</b> Bible	<b>30</b>
<b>Memorize Matthew 22:37-39</b> Memorize Scripture	<b>31</b>
<b>Global Missions: Uganda</b> Missions	<b>33</b>
<b>Family Worship</b> Worship	<b>35</b>
<b>Bringing Your Bible</b> Bible	<b>36</b>
<b>Personal Testimony</b> Evangelism	<b>37</b>
<b>Memorize Colossians 3:14</b> Memorize Scripture	<b>38</b>
<b>Discovering Spiritual Gifts</b> Giving	<b>39</b>
<b>Psalms</b> Bible	<b>40</b>

Color the Vision Statement.

We are **FORERUNNERS**  
of the **FAITH**  
**UNITED**



to help people  
**FIND** and **FOLLOW** Jesus



## Memorize Scripture

# LUKE 3:4-6

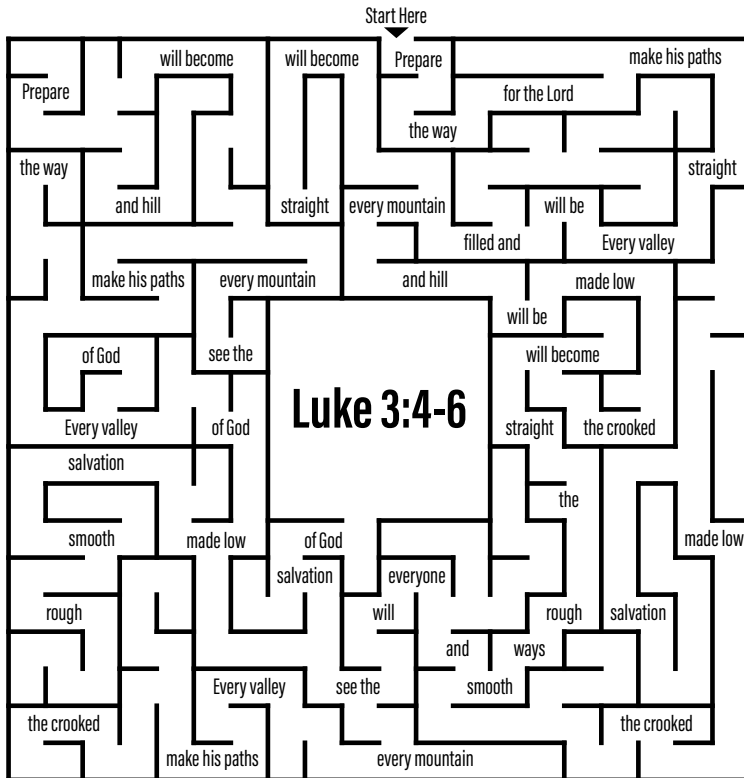
Forerunners memorize God's Word.



**Explore:** Open your Bible and ask an adult to help you find Luke 3:4-6. Highlight the verses and read them together with an adult.



**Discover:** Complete the maze below by finding your way from the center of the maze to the outside by following the correct words from the scripture.



**Challenge:** Ask an adult to help you write the verse on a piece of paper. Practice reciting the verse out loud every day this week. At the end of the week, recite the verses to an adult without using the paper.



## Evangelism

**INVITING A FRIEND**

Forerunners invite friends and family to church.



**Explore:** God doesn't want us to go through life alone, so he graciously gave us friends and family members to enjoy life with, encourage one another, and to build each other up in great times and hard times. Sometimes our friends and family may not attend church or know Jesus as their Lord and Savior. God knew this would be the case, and because He wants EVERYONE in the whole wide world to know and love Him, He gave a very important job to us as Christians, people who know Jesus as their boss. Our job as Christians is to tell others the Gospel, God's good news for the whole wide world. That means we need to invite our friends and family to church so they can hear more about God's good news and tell them that Jesus loves them so much that He died for all their sins.



**Discover:** Open your Bibles to Mark 16:15. What is the command that Jesus gives to everyone?

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**Challenge:** Talk with an adult and come up with someone that you can invite to church with you. Write their name in the box below and then color the box in when you have asked them to come to church. Remember, we cannot control their response to our question, but God does call us to be faithful in our asking.

I'm inviting...



## Prayer

**THE LORD'S PRAYER**

Forerunners pray to God.



**Explore:** Have you ever been invited to a party? It's so much fun to get an invitation in the mail or in person! Prayer is an invite from God to talk to Him freely! God loves when you talk to Him! He created us to be with Him! We can talk to God and tell Him everything we want Him to know. All the happy things, and even the sad things. He is always listening, and He always cares. No prayer is too big or too small for God! Discuss the questions below with an adult.



We ask God to forgive us and forgive others for anything we think, say, or do that is against God's Word.

- When have you been invited to something fun, like a birthday party, wedding, or another special event?
- How did you know you were invited?
- What do invitations look like? What do they say?



**Discover:** Read Luke 11:2-4. This is called the Lord's Prayer. God gave us this example to show us how to pray and what to pray for. Fill in the blanks using your Bible.

Father,

Your name be \_\_\_\_\_ as holy.

Your \_\_\_\_\_ come.

Give us each day our \_\_\_\_\_ bread.

And \_\_\_\_\_ us our \_\_\_\_\_,

for we ourselves also \_\_\_\_\_ everyone  
in debt to us.

And do not \_\_\_\_\_ us into temptation.





**Challenge:** When you pray this week, think of 3 things you can ask forgiveness for. Write them down here. Remember what confession means, we confess anything we think, say or do that is against God's Word, like lying, being mean, not listening to our parents.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



## Spiritual Discipline

**FASTING**

Forerunners practice fasting.



**Explore:** What is fasting? Fasting is giving something up to spend more time with God.

When a grownup chooses to fast, they usually give up some kind of food. It might be one specific food, like sweet treats, or it might be all food for a specific length of time, like one entire day. When they get hungry for the food they gave up, they are reminded that they need God for their soul just like they need food for their body.



Jesus fasted for 40 days in the wilderness. During that time, Satan tried to tempt him to sin, but he did not sin.

For kids, giving up food might not be the best way to practice fasting. Instead, you can fast by choosing to spend less time doing things that DON'T make you closer to God (like watching TV or playing video games) so you can spend more time doing things that DO make you closer to God (like praying and reading the Bible).



Watching TV and playing video games are not bad things. They are simply things we can do without to spend intentional time with God. Praying and reading the Bible are intentional actions that can help us grow closer to God.





**Discover:** Fasting is an intentional choice we make. Do you know what the word intentional means? With an adult, use the Internet to look up the word intentional to find out what it means. Choose one or two of the words that describe the meaning and write them below.

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**Challenge:** Can you think of one thing to fast from so that you can spend more time praying to God or reading your Bible? Write your idea below.

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**Go Further:** With the help of an adult, find 10 minutes in your week to fast from what you wrote above. During those 10 minutes, pick one of the following activities to complete.

- Read Matthew 4:1 & 2.
- Draw a picture of yourself praying and write what you are praying for.
- Write a letter to a friend telling them ways you are praying for them.
- Gather your family to pray together.
- Ask a grownup to read their favorite Bible story to you.



## Worship

**WHAT IS WORSHIP?**

Forerunners worship God.

“Give thanks to the Lord, call on his name; proclaim his deeds among the peoples. Sing to him, sing praise to him; tell about his wondrous works.”

– Psalm 105:1-2



**Explore:** What is worship? Sometimes we can think of worship as just singing songs in church together, but it is so much more than that. According to Webster’s Dictionary, worship is defined as “to honor with extravagant love and extreme submission”. In case you are curious, extravagant means a whole, whole bunch, and submission means doing what someone else wants us to do because they are in charge. We are supposed to honor God with extravagant love and extreme submission. We are called to love God with an overflowing amount of love and obey and listen to Him in all things. Worship is putting God at the top of our list and making sure He is the most important thing in our life. As Forerunners of the Faith, we are called to worship God with everything that we have.

How can Forerunners of the Faith do this?

- Sing songs that honor Him while driving in the car
- Give an offering or tithe at church
- Walk around in nature and thank God for all He has created
- Participate in corporate worship at church
- Pray to God
- Read your Bible



**Discover:** Ask an adult how they choose to worship God. Tell us about it:

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**Challenge:** Look at the previous page and review the ways that we can worship God. Pick one of the ways to worship God and complete it. After you are finished, color in the bubble that corresponds to the way you worshipped God.

Sing songs  
that honor  
Him while  
driving in the  
car

Give an  
offering or  
tithe at church

Walk around  
in nature and  
thank God  
for all He has  
created

Participate  
in corporate  
worship at  
church

Pray  
to God

Read  
your Bible

Write about how you worshipped God. How did it make you feel? Was it hard or easy?

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## Missions

**LOCAL MISSIONS**

Forerunners are on mission for God.

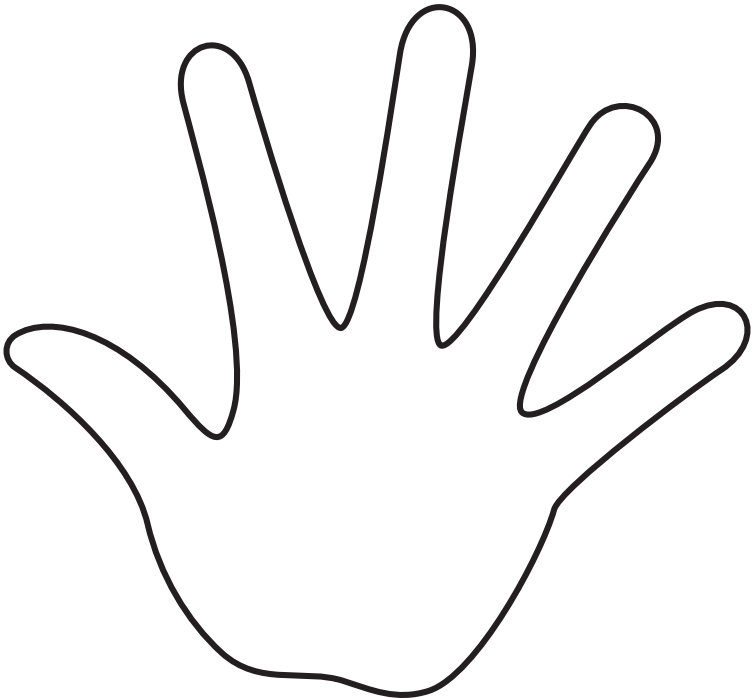


**Explore:** Read Psalm 100:2 and 1 Samuel 12:20.

Jesus tells us we are to serve and love others around us. You are never too young to put others first and serve one another. We are told in the Bible to be like Jesus. When Jesus came to the earth, He showed us how to serve others. There are so many great ways to serve others.



**Discover:** Talk with an adult about ways you can serve others around you- a neighbor, family member, or friend. Write down 5 ideas in the fingers below. (For example: making cookies for a neighbor).





**Challenge:** Lets put our words into action! Have an adult help you choose one of the activities you wrote on your the hand. Write below what you did and how it made you feel!

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## Giving

**SERVING THE CHURCH BODY**

Forerunners give back to God.



**Explore:** Read Galatians 6:10 and Mark 9:35

God has equipped each of us with gifts so that we can serve one another and build His church. You can start serving right now! You don't have to be an adult to start serving. You can help a leader in your classroom, pick up trash you see on the ground, hold a door open for someone, or help your mom or dad where they serve.



**Discover:** Write down two ways you currently serve on Sunday. If you aren't currently serving on Sunday, write down 2 ways that you could serve with your family on Sunday.

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**Challenge:** Write an encouraging note to a leader who serves on Sunday morning. Bring them the note and then ask how you can help them that Sunday (passing something out, picking up a toy, etc). Write down how you helped them below.

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## Bible

# BOOKS OF THE BIBLE: OLD TESTAMENT

Forerunners read the Bible.



**Explore:** The Bible is one complete truth, divided up into different sections. It is organized into books, chapters, and verses to help us understand it better. It starts by being broken up into 2 bigger sections the Old Testament and the New Testament. The Old Testament it is divided into 4 sections law, history, poetry, and prophets.

Let's look at the section called History. It is made up of 12 books starting with Joshua and ending with Esther. The stories in these 12 books of the Bible teach us that God gives us victory when we listen and obey him. Read Ruth 4:14-15. God knew what Naomi and Ruth needed, just like He knows what you and I need. He will care for you, just like He cared for them, because God loves you and you are important to Him.



**Discover:** Let's practice reviewing the books of the Bible in the History section. You will need a few supplies. Gather 12 index cards or half sheets of paper, a long piece of string, clothes pins or paper clips, and tape.

Write the name of the each History book on a card or piece of paper, starting with Joshua and ending with Esther. Hang your string on the wall with tape. Mix up all the cards. Next, try to hang the cards in order on the string with the clothes pins or paper clips.



**Challenge:** Keep practicing to memorize the History books. Once you have them memorized, tell a leader on Sunday morning the 12 books of the History section in order from memory.



**Memorize Scripture****PSALM 119:11**

Forerunners memorize God's Word.



**Explore:** Open your Bible and ask an adult to help you find Psalm 119:11. Highlight the verse and read it together.



**Discover:** Color the scripture passage below. As you color the words, say them out loud to help you memorize the verse.

I have  
treasured  
your word in  
my heart so  
that I may  
not sin  
against you.





**Challenge:** Ask an adult to help you write the verse below, practice reciting the verse out loud every day this week. At the end of the week, recite the verses to an adult without using the paper.

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## Evangelism

## ABC'S

Forerunners talk about Jesus.

Asking Jesus to be your Lord and Savior and telling your friends and family about Jesus can be as easy as A, B, C!

**Explore:**

**Admit:** Read Romans 3:23.

We must admit that we are a sinner and need Jesus to save us! Sin is anything that we think, say, or do that disobeys and breaks God's laws. Everyone ever born, or that will be born is a sinner (except for Jesus!). Have you ever told a lie? Have you ever disobeyed your parents or a teacher? Maybe your little brother took your favorite video game controller and threw it in the toilet...and you got mad.... really mad! This, my friend, is sin, and because of our sin we are now separated from God! In order for Jesus to become boss in our lives, we must first realize that we cannot save ourselves because of our sin and we need Jesus to forgive us and rescue us from eternity separated from God.

**Believe:** Read John 3:16.

What makes someone a Christian or Christ follower is based on whether or not they choose to believe in Jesus. Christians believe that God is the Creator of everything! Yes everything! Space, matter, planets, puppies, swordfish, forests, mountains, papaya, waterfalls, your family, everything! We are believing that God is the Creator and sent His Son, Jesus, to die on the cross for our sins. He died so that we could spend our forever in heaven with Jesus.

**Confess:** Read Romans 10:9-10

You have to confess Jesus as your Lord and Savior. This means telling Him that you want to follow Him and live your life to try to honor Him. Even though we will still sin after we choose to follow Jesus, we do our best to not sin anymore and try to make the right choices.





**Discover:** Talk to an adult about sin. Ask them what they know about sin and record their answer here. You can also each share a sin that you have committed in the last week.

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**Challenge:**

Read Matthew 28:19-20. The Bible clearly tells us to tell others about Him. Practice telling the ABC's to someone in your family this week and write their name below.

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## Bible

# BOOKS OF THE BIBLE: NEW TESTAMENT - LETTERS BY PAUL

Forerunners read the Bible.



**Explore:** The Bible is one complete truth, divided up into different sections. It is organized into sections, books, chapters, and verses to help us understand it better. It starts by being broken up into 2 bigger sections the Old Testament and the New Testament. The New Testament it is divided into 4 sections: Gospels, History, Letters, and Prophecy.

There are 13 books in the New Testament that are known as “The Letters” written by a man named Paul. Paul was a Pharisee, someone who was against Jesus’ followers. However, he had an encounter with Jesus after the resurrection and became a missionary to spread the word of Jesus around the world. During that time, he wrote the letters to the surrounding churches to help encourage and teach them that people who believe in Jesus and follow His ways could have peace, love, and joy no matter what was happening in the world around them.

The 13 books are Romans, 1&2 Corinthians, Galatians, Ephesians, Philippians, Colossians, 1&2 Thessalonians, 1&2 Timothy, Titus and Philemon



**Explore:** Get 13 index cards or strips of paper, write down the names of each book on the top of the card (one per card). Find where in the Bible these book are located and place your index card at the beginning of each book. Say the names in order, out loud 3-5 times. When you feel like you have them memorized take the cards out, mix them up and try to put them back in the right order.



**Challenge:** Tell your small group leader the first 18 books of the New Testament in order by memory. Start with Matthew and end with Philemon.



## Prayer

**PRAYER JOURNALING**

Forerunners pray to God.

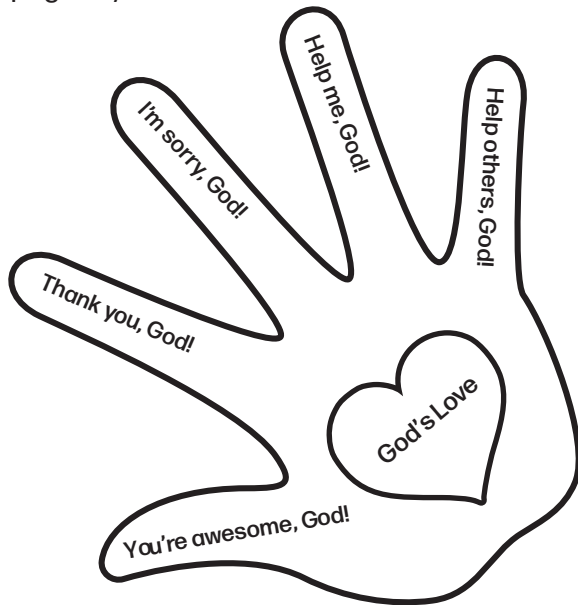


**Explore:** Sometimes you can feel lost or alone, and it's scary. God tells us that He is always there because He loves us so much! We just have to talk to Him. Psalm 34:17 says, "When the righteous cry for help, the Lord hears and delivers them out of all their troubles." And when you may not know what to say, you can also write it out or draw pictures! God can see those too!



**Discover:** One thing we should always love to include in our prayers is telling God, "Thank you!" God has done so much for us, and He loves us so much! He sent His Son for you and me!

Color in the hand, and when you get to each finger, finish the prayer. It may sound something like this: "You're awesome God. You made me happy today when I was sad." You can even write out your prayer on the next page, if you want!



Dear Lord, \_\_\_\_\_

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**Challenge:** Draw something this week that you are thankful for and hang it up on the refrigerator so that you can be reminded to thank God all the time!



## Worship

**CORPORATE WORSHIP**

Forerunners worship God.



**Explore:** There are all kinds of churches around the world that worship God in different ways. At Rush Creek Church, we have worship services every Sunday that have some very important elements. We believe that our worship services help connect people to Jesus because we are Forerunners of the Faith united to help people find and follow Jesus. A great way for people to find Jesus is to attend a worship service at Rush Creek.

**Elements of Worship****1. Worship Songs**

We sing worship songs aloud. These songs have lyrics that help us praise God and pray to Him. People can stand up, sit down, raise their hands, clap their hands, or even dance along to the music.

*"My mouth is full of praise and honor to you all day long." – Psalm 71:8*

**2. Sermon**

One of our amazing pastors here at Rush Creek will preach a sermon. It always includes reading out of the Bible and almost always includes funny stories to help us remember what we are learning.

*"All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness." – 2 Timothy 3:16*

**3. Offering**

In each of our worship centers, there are offering boxes available for families to honor God by giving a tithe or an offering. Make sure to visit the Worship Center and look for these boxes at your campus.

*"Each person should do as he has decided in his heart- not reluctantly or out of compulsion, since God loves a cheerful giver." – 2 Corinthians 9:7*



#### 4. The Lord's Supper

Our church usually participates in the Lord's Supper regularly. This is when we remember and honor the sacrifice that Jesus made when He died on the cross.

*"For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes." – 1 Corinthians 11:26*

#### 5. Baptism

Although baptisms don't usually happen every week, this is one of the the most important parts of our faith. People who have chosen to follow Jesus and make Him the leader of their life get baptized to celebrate their decision with the church. They are dunked into the water and then raised back up to symbolize their new life.

*"Repent and be baptized, each of you, in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit." – Acts 2:38*

We have additional information about baptism and the Lord's Supper on the website for your family to use. Scan this QR code to access it.



**Challenge:** Attend a worship service on Sunday morning with your family and record the date below. Ask an adult to visit [rushcreek.org/kids](http://rushcreek.org/kids) and click on the Adventure Guide logo to find Printable Sermon Notes for Kids. You can print them ahead of time to help you stay focused and remember what you are learning.

1. \_\_\_\_\_



**Discover:** What are two things you learned by going to service with your family?

1. \_\_\_\_\_

2. \_\_\_\_\_



Giving

# TITHING

Forerunners give back to God.



**Explore:** Read 2 Corinthians 9:11



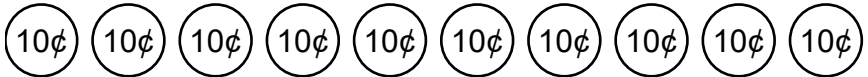
**Discover:** God calls us to be generous with all He has given us. Tithes and offerings are money that we bring to church to help do God's work. In the Old Testament, God told people to give him one-tenth of what they earned. He still wants us to do this today. This is called a tithe. If you bring more money than just a tithe, that is an offering.

The word "tithe" literally means "tenth" in Hebrew.

If you earn ten cents  your tithe is one cent. Circle or color one cent.



If you earn one dollar  your tithe is ten cents. Circle or color ten cents.



If you earn ten dollars  your tithe is one dollar. Circle or color one dollar.





**Challenge:** Although tithing refers to money, God wants us to give our time and resources as well. Ask an adult to help you go through some clothes and toys that you don't use anymore. Put them in a box and take them to a charity where they will donate them to children in need. Then write below about your giving experience.

What did you give away?

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How did it feel?

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Who did you give it to?

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Was it hard?

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## Bible

**FRUIT OF THE SPIRIT - JOY**

Forerunners read the Bible.

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.” – Galatians 5:22-23



**Explore:** The Bible tells us that joy is a fruit of the Spirit that is given to all believers. If we have the Holy Spirit inside us then we have joy. The Bible tells us that the joy we have because of the Lord is our strength in sadness. As Forerunners of the Faith, God wants us to draw closer to Him. When we are close to Him, He gives us the tools and strength to display joy all the time.



**Discover:** Read Romans 15:13. We know that God is our hope and fills us with joy, and we experience it through Him and reading His Word. Joy is very different from happiness. Happiness cannot be present when someone is sad. But joy can always be present, even at the same time as sadness.



**Challenge:** Write down 3 ways you can show joy, even when you're sad. Think of things you can do to help you find you're joy.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Review the chart below that shows it listed by how many syllables are in each word. It's as easy as 1, 2, 3 syllables.

Love	Patience	Faithfulness
Joy	Kindness	Gentleness
Peace	Goodness	Self-Control





## Memorize Scripture

**MATTHEW 22:37-39**

Forerunners memorize God's Word.



**Explore:** Open your Bible and ask an adult to help you find Matthew 22:37-39. Highlight the verses and read them together with an adult.



**Discover:** Trace the verse below with your favorite color crayon or marker and say the words as you trace the letters. For extra practice, trace the verse with different colors each time.

He said to him, "Love  
the Lord your God  
with all your heart,  
with all your soul, and  
with all your mind.  
This is the greatest  
and most important  
command. The second  
is like it: Love your  
neighbor as yourself."





**Challenge:** Ask an adult to help you write the verse below, practice reciting the verse out loud every day this week. At the end of the week, recite the verses to an adult without using the paper.

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## Missions

**GLOBAL MISSIONS: UGANDA**

Forerunners are on mission for God.



**Explore:** Read 1 Chronicles 16:24 and Isaiah 52:7 in your Bible. An adult can help you!



Rush Creek Church partners with many mission partners around the whole world. Part of the money you give to the church helps to support

these mission partners and helps them to bring the light of Jesus to the whole world! We believe that being Forerunners of the Faith united to help people find and follow Jesus means helping people find Jesus all over the world.



**Discover:** One of our mission partners lives in Uganda! Lets learn a little bit about them: Kenneth & Abigail Rwego live in Uganda with their 4 kids- Keren, Keziah, Kenan, Keilah.

The Rwegos minister in a region of Africa where Uganda, Rwanda, and the Democratic Republic of Congo come together. In this region families have lived for hundreds of years, long before country borders were established. It is a challenge for the Rwegos to cross a border each time they go to a new town for ministry purposes. They must allow for long lines and delays in the passport process. Their strategy for ministry is to teach families new skills in order to have a better life. They teach topics such as budgeting, parenting, relationships, farming, and biblical training. While doing this they are able to share the Gospel with people in the community. They also minister to women who come to them when they are going to have a baby. While learning the importance of caring for themselves while pregnant, women learn about Jesus and can find their hope in Him.





**Challenge:** With an adult's help, look up 3 fun facts about Gorillas then color the gorilla below. When you are done, pray for Rwego family. Ask God to protect them and to help them be bold with sharing the gospel to those around them!



Uganda has the world's largest gorilla population. There are about 880 mountain gorillas in the whole world and half of them are found in Uganda.



## Worship

**FAMILY WORSHIP**

Forerunners are on mission for God.

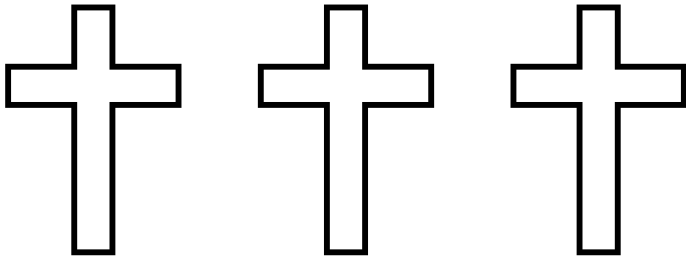
“These words that I am giving you today are to be in your heart. Repeat them to your children. Talk about them when you sit in your house and when you walk along the road, when you lie down and when you get up.” – Deuteronomy 6:6-7



**Explore:** Here at Rush Creek Church we want families to worship together. This can look different for many families. Some families set aside one night a week to engage with their family on a Bible passage or story. Others may read from a devotional every morning or night together. The Bible emphasizes the importance of worship as well as your parent’s responsibility to lead you in worship. Spending time worshipping Jesus together as a family is one of the ways your family can be Forerunners of the Faith. Following Jesus includes spending time with Him.



**Challenge:** Worship together with your family three separate times and color in one cross for each time you worship together. Remember, this can look like reading your Bible together, singing a worship song together, and praying together.



**Discover:** Write down one aspect of family worship that you really enjoyed and what made it so special.

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Bible

# BRINGING YOUR BIBLE

Forerunners read the Bible.



**Explore:** Read Matthew 4:4 “Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’” Jesus himself tells us that we need the words from God to help us live and thrive.

Usually at church, the verses that the pastor is reading will be put on the screen, or in your kids class they have copies you could borrow, but having your own personal copy of God’s Word is special and important.

When you bring your Bible on Sunday, it will:

- Help keep you from getting distracted.
- Help you remember what you hear.
- Help you learn to be close with God.



**Discover:** Can you think of 1 more reason why bringing your Bible on Sunday is important?

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**Challenge:** Bring your Bible on Sunday 3 times and write the dates below.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



## Evangelism

**PERSONAL TESTIMONY**

Forerunners share their story.



**Explore:** Sharing our story is very important. Our story is how God has saved us and chosen us. Our story should consist of our life before we knew Jesus, the decision we made to follow Jesus, and how our life looks after Jesus. Everyone's story looks different, but there can be common themes throughout our stories about how God changed our lives.



**Discover:** Scan this QR code and watch one of our Children's Staff testimonies. Note how their story is broken into the same three parts: their life before they knew Jesus, their decision to follow Jesus, and how their life looks since following Jesus.

**Challenge:**

1. Open your Bible and read Mark 5:19. What did this verse tell us that we must do?

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2. Tell someone in your family something good that God has done for you!



**Memorize Scripture**

# COLOSSIANS 3:14

Forerunners memorize God's Word.



**Explore:** Open your Bible and ask an adult to help you find Colossians 3:14. Highlight the verse and read it together with an adult.



**Discover:** Fill in the blanks with missing words from the Word Bank.

Above	love	bond	unity
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\_\_\_\_\_ all, put on \_\_\_\_\_, which  
is the perfect \_\_\_\_\_ of \_\_\_\_\_.



**Challenge:** Ask an adult to help you write the verse below, practice reciting the verse out loud every day this week. At the end of the week, recite the verse to an adult without using the paper.

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## Giving

# DISCOVER YOUR SPIRITUAL GIFTS

Forerunners give back to God.



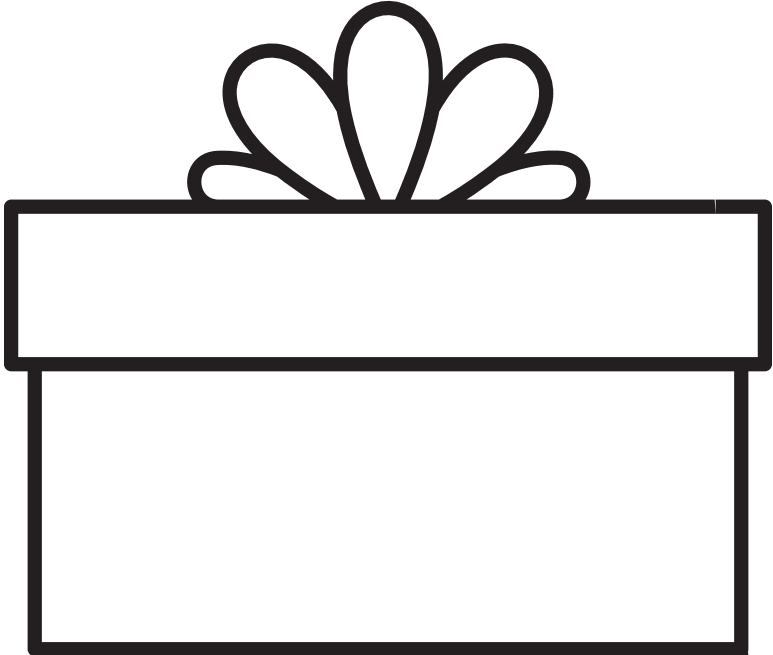
**Explore:** The Bible tells us when we believe and have given our lives to Christ we have the Holy Spirit living inside of us. The Holy Spirit gives us spiritual gifts so that we can serve other people and build up the church in unity together. These gifts help us live out the calling to be Forerunners of the Faith helping others find and follow Jesus.



**Discover:** Read 1 Peter 4:9-10.



**Challenge:** In the gift box below, draw a picture of one or more ways that you can use the gifts God has given you to help others.



## Bible

**PSALMS**

Forerunners read the Bible.



**Explore:** The book of Psalms is a collection of songs and poems for praising God. It is one of the greatest gifts of the Old Testament. It was designed to be read from beginning to end, and it tells the entire biblical story in poem form.



**Discover:** Read Psalms 34:1-6.

Psalms 34 is just one of the many Psalms that show us just how God hears us and knows us. He knows our fears and our needs and He will provide for us. In Psalm 34, David has been wrestling with God and has been fearful, yet by faith God has delivered him. Psalm 34:4 says, "I sought the Lord, and He answered me and delivered me from all my fears." So just like King David, you and I can seek the Lord, and He will deliver us from our fears.



**Challenge:** Now it's time to practice your poem writing skills. Fill in the blanks below with words that help you pray and praise God. Make sure to share this poem with your small group leader.

God is \_\_\_\_\_,

Jesus is \_\_\_\_\_,

\_\_\_\_\_ is \_\_\_\_\_.

And so are/is \_\_\_\_\_.









Notes:

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